



Participation Contract

Bike Camp is based on the philosophy that everyone involved should have a chance to try new activities and challenge themselves. To accomplish this it's important that all participants agree to basic ground rules. Safety is a priority and behavior issues will be taken very seriously.

This program offers a variety of activities and we do our best to ensure that these activities benefit the participant's growth while allowing them to have fun. Some kids may not be as physically active as others and may not like all activities. They will be expected to try all activities and will be coached to push through times when they may feel tired or even a little sore. We have seen tremendous growth in camp participants due to willingness to challenge themselves. We strive to keep campers emotionally healthy by focusing on positive encouragement and re-direction.

If your camper continuously refuses to participate in physically new activities they may not be best suited for Bike Camp.

RIDING RULES

1. Wear a strapped helmet at all times while on the bike
2. Ride with at least one hand on handlebars at all time
3. Ride as a group member, staying aware of other riders in single file line, unless specified otherwise
4. Never ride in front or behind the coach or assistant coach
5. Skidding, jumping or "wheelies" are not allowed

BASIC RULES

1. No electronics. Phones are used for communication with parent/guardians only with coach's permission
2. Respect all riders and treat others kindly to help everyone be safe
3. Encourage other riders in the group for efforts made in learning new skills
4. Stay with the group at all times
5. Listen attentively when group is on rides and don't interrupt when others are talking
6. Take turns listening and talking and look at the speaker to help pay attention
7. Follow the directions and rules, they are for safety and fun
8. Say nice things or say nothing
9. Use indoor voices inside buildings and respectful volumes around people's homes and in crowded areas.

BY SIGNING BELOW, I AGREE THAT:

- I have explained to my child the importance of abiding by the rules for the health, safety and welfare of all participants.
- Easy Street Cycling is not responsible for lost, damaged or stolen personal belongings.
- The named minor has my permission to participate in Bike Camp with a Certified Bicycle Safety Coach on field trips, and to travel on public transportation during camp.

Signature of Parent or Guardian

Participant Name

Date



DISCIPLINE PROCEDURE

We will strive for consistent application of all rules. Families will be kept informed of any cause for participants to be removed from an activity.

Examples of unacceptable behavior:

1. Refusing to follow behavior guidelines or camp rules
2. Behaving in a physically or verbally aggressive manner
3. Using profanity, vulgarity or obscenity
4. Stealing or damaging property (personal, camp or public property)
5. Refusal to participate in activities or cooperate with staff
6. Disrupting a lesson intentionally
7. Leaving a program without permission
8. Teasing, making fun or bullying of other campers or staff

3 STRIKE APPROACH:

1. First strike: Warning

We will take the camper aside briefly and let him/her know what the inappropriate behavior was and give a reminder of what is the expected behavior.

2. Second Strike: Take a Break

If the behavior continues or another issue arises: the camper is removed from the activity and we'll let him/her know what the inappropriate behavior was. We'll have the child take a break nearby and remind him/her what the expectations are to rejoin. Or in extreme situations call the parent to bring the camper back early so the rest of the group can continue safely.

3. Third Strike: You're Out

If a camper can't participate in a positive way with the group after two warnings they will not be allowed to rejoin camp for the rest of the week for the safety and positive experience of the rest of the group.

There are no refunds for behavior violations. By signing this form you are stating that your child is appropriate for this program and you have reviewed the Participation Contract with them.

Any participant who poses a threat to themselves or to others will be dismissed from the program with no refund.

We reserve the right to determine what constitutes a violation of these rules and will enforce them as necessary. We reserve the right to dismiss any participant from the program at the parent's expense and liability for violating any of the above.

Sign on next page



PARENT

As the parent or guardian I agree to discuss these rules and be sure that my child understands them. I agree that if my son/daughter can't follow these ground rules I will make myself available to pick my child up immediately.

Signed: _____

Date: _____

Parent/Guardian

CAMPER

I agree to abide by the following rules in an effort to have an exciting and positive bike camp experience.

I understand that by signing this contract I am agreeing to follow these rules and if I choose not to follow them I am aware my parent/guardian will be called for a second and I will be sent home at the discretion of coach for a third strike.

Signed: _____

Date: _____

Bike Camp Participant