



Mechanic Inspection Form

This checklist is meant to help parents of campers make sure that their child's bicycle and helmet is safe, fits and ride worthy prior to camp.

PARENTS- Take this checklist to a certified bike mechanic to complete at least 3 weeks before camp begins to allow time for any needed repairs. **This form is due 2 weeks before camp.**

BIKE MECHANICS- Please complete this safety and fit inspection form for the bike and the helmet this family brought in as required for Bike Skills or Street Skills Camp.

***Do not feel pressured to do this if it is presented to you with less than 2 weeks time to complete.
We thank you for your time and effort!

Date _____ Camper Name _____

Bike Make, Model & Color _____

Bike New or Used? *

☐ New

☐ Used

Bike and Helmet Fit and Safety

Pass = parts are 50% or less from needing replacement.

	Pass	Fail
Tires- hold air, no bare spots, cracks or damage.	<input type="radio"/>	<input type="radio"/>
Brakes- pads and levers properly adjusted, not worn out, and function correctly.	<input type="radio"/>	<input type="radio"/>
Frame and Fork- no cracks or other unsafe conditions.	<input type="radio"/>	<input type="radio"/>
Handlebars and saddle- bolts tight, correctly adjusted.	<input type="radio"/>	<input type="radio"/>
Chain- adequately lubed, and if coaster brakes, chain tension is correct.	<input type="radio"/>	<input type="radio"/>
Wheels- no cracks or other damage, don't rub on brake pads, etc.	<input type="radio"/>	<input type="radio"/>
Bearing sets adjusted- no grinding or excessive play in wheels, bottom bracket, headset.	<input type="radio"/>	<input type="radio"/>
Shifting- shifts correctly up and down, front and rear shifters.	<input type="radio"/>	<input type="radio"/>
Helmet, no cracks in shell or foam,	<input type="radio"/>	<input type="radio"/>

	Pass	Fail
Frame stand over height	<input type="radio"/>	<input type="radio"/>
Leg extension, bottom of pedal stroke with a slight bend in the leg, reaching about 80-90% of full leg extension	<input type="radio"/>	<input type="radio"/>
Seat post not at minimum insertion mark	<input type="radio"/>	<input type="radio"/>
Upper body position, modest amount of shock-absorbing bend in arms w/out forcing to reach too far to apply the brakes.	<input type="radio"/>	<input type="radio"/>
Helmet Fit, level 2 fingers above eyebrows, V shape under ears, 2 finger max gap in chin strap	<input type="radio"/>	<input type="radio"/>



Leg that is extended (with foot in 6 o'clock position) has a slight bend in it.



Seat is too high. Leg that is extended does not have a slight bend. Adjust by lowering the seat by 1 cm increments until there is a slight bend in the extended leg.



Seat is too low. Leg that is extended has too much of a bend in it. Adjust by raising seat by 1 cm increments until there is a slight bend in the extended leg.

Equipment

Required for Camp.

** For Street Skills camps 6th+ grade *

Mark only one oval per row.

	Yes, I see it	Purchasing new at inspection	Will bring to camp from home or purchase from Easy Street Cycling
Kickstand on bike	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
** Bike has gears	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Spare tube	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
** U-lock, heavy chain or folding lock	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
** Looped end cable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

- ☐ I have checked the bike listed above and have seen no issues that would make it unworthy to ride, except for those items checked "Fail". This is not a guarantee against failure during future riding, but a statement of current conditions.
- ☐ I have checked the fit of the camper on the bike and see no issues with the proper fit
- ☐ I have checked the helmet safety and fit on the camper and see no issues.

Mechanic Name _____

Bike Shop _____

Parents, scan this completed form and upload into your active account using the parent's email who registered the camper two weeks before camp starts:

<https://campsself.active.com/easystreetcycling>

